



## 'TEACHER RESOURCES' LESSON PLAN NO 1 CONTINUED

### METHOD:

Using a Stanley knife, carefully cut into the notebook so you can pull the pages out. Look carefully at how the book is joined together, this will help you in putting it back together at the end.

Arrange your printing space so you have one area for rolling the colour onto the Adigraf and a separate area for transferring the colour to the paper.

Place a small amount of printing colour (1/2 tsp) on the glass and roll out to a thin film using the lino roller.

Roll the colour onto the Adigraf. I started with applying colour to the lizard only. Keep a rag handy so you can wipe away any colour that goes where you don't want it.

Take the coloured sheet to your printing area. Place paper carefully on top of the coloured Adigraf and press down. There are a number of methods for doing this, you can use a 'baren' or the back of a spoon, I used a clean lino roller.

Experiment with different printing colours.

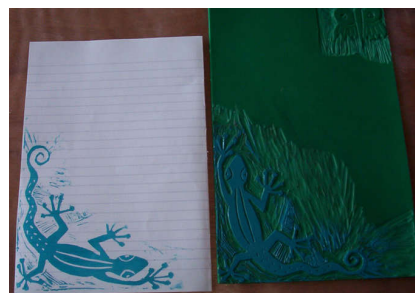
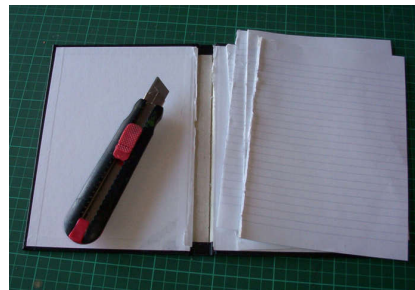
To print the cover of my diary, I cut into the shiny black cover and peeled back the surface to reveal the rougher layer underneath. (The shiny surface is not suitable for printing on).

You can clean the Adigraf easily with water and a soft sponge when you want to change colours or to colour a different image. I washed the lizard and then applied colour to the moth. The glass and roller can be cleaned with water. Dry them with a towel.

When your papers are dry, assemble them together and sew the pages together with a needle and thread.

Glue them into the spine of your diary.

Decorate the front covers. I drilled holes into mine and stitched on beads using embroidery thread.



### NOTE:

*This is a block print made using Adigraf soft print. This product is much easier to cut than regular lino, so it's great for first-time users and also easy to cut detailed designs out of.*

*I used a plain black-lined notebook to make my diary, you could also use a visual diary with blank pages.*