



## 'TEACHER RESOURCES' LESSON PLAN

# PAINTED DOLL

### SUITABLE FOR:

7 to 12yrs

### RATING:

Easy Moderate **Hard**

### LEARNING OUTCOMES:

Design, Decorate, Play.

### TIME:

2-3 sessions

### WHAT YOU WILL NEED:

*Fabric such as calico or felt*

*EC Craft Dye*

*Cushion stuffing (Polyfil or wadding)*

*EC Craft Dye Fixer*

*Scissors*

*Sewing needles or machine*

*Brushes*



### METHOD:

On a piece of paper, design the shape for your doll. Cut it out and use as a pattern to cut two shapes from the fabric. Remember to cut the fabric 1-2cm bigger than your pattern for seam allowance. (See picture above).

Sew the two pieces together. Leave a gap about 5cm long so you can fit the stuffing in.

Turn the fabric inside out so the seam is on the inside.

Stuff using the cushion stuffing. Use a pencil or end of a paintbrush to push the stuffing into the ends and corners. (See picture above).

Neatly sew the hole up.

Paint using EC Craft Dye. (See picture at right).

You can apply Fixer if you want your doll to be water resistant. Follow the instructions on the bottle. *Adult supervision required for this step.*

